

## Friends of Frassati Social Outreach Ministries

**Parish Pairings/Parishioner Assistance:** This parish outreach ministry seeks to assist our parish families in times of need. This program will pair parishioners in need, with assistance from parishioners who are able to fulfill that need. This will include: visiting the homebound, delivering groceries, preparing meals, helping with yard work, housecleaning, handyman services, Christian fellowship, and more. *All services are confidential.* Volunteers serve when they are able. No specific commitment.

**Nursing Home/Assisted Living Visitors:** Jesus wants us to honor and care for those who are frail, vulnerable, and neglected. Statistics show that over 60% of nursing home residents never have a single visitor and 50% do not have any close relatives. A visiting friend is of great comfort to a lonely resident. Volunteers will go as a group to bring fellowship and joy to lonely residents at local long term care facilities.

**New Directions Homeless Shelter:** Help us bring dinner to the homeless in Myrtle Beach at New Directions Men's Shelter on the first and fifth Tuesdays of every month. New Directions operates 100% on donations and volunteers, feeding approximately 150 homeless men each night. We need volunteers to prepare meals, donate food, and a few to serve at the shelter each month. Each month a sign-up will be posted in the bulletin and disposable pans with recipes will be handed out after Masses.

**Community Outreach Collections:** The community outreach committee organizes monthly collections supporting Friends of Frassati. Be on the lookout for upcoming drives of seasonal clothing items, as well as other top items needed to support the homeless in Myrtle Beach.

**High Five Bags (Personal Hygiene Kits):** Hygiene is one of the major problems a homeless person has difficulty maintaining. These High Five bags are intended to provide a "high-five" to a person fighting homelessness, and will include hygiene items, personal notes, and a \$5 bill (*optional*). These are perfect to create at home or in groups and have ready to hand out or donate to a local shelter.